

This information is intended for Health Care Professionals only in consideration with a patient's overall health care program and details Ingredients, Dosage Plans, Safety and general information about HyFiber® for Kids (HyFiber).



Overview

HyFiber® is specifically designed to improve bowel regularity and is ideal for children who may have constipation or who are prone to constipation and/or have certain digestion complications. HyFiber is a medical food that relies on soluble fiber and prebiotics to improve bowel regularity and make stools easier to pass.

Ingredient Info

- Water – Water base, clear liquid consistency. Purified water.
- Polydextrose – Soluble Fiber food ingredient dissolves in the digestion phase. Polydextrose works to promote bowel regularity and soften stools, derived from sorbitol, dextrose and citric acid.
- Glycerin – Vegetable based glycerin used to help move food through the gut and aid regularity. Derived from crude palm kernel oil and hydrogenated palm stearin.
- Fructooligosaccharides (FOS) – Prebiotics / dietary fiber that feed the healthy flora in the gut. FOS helps to improve overall gut health and to promote bowel regularity. Derived from natural sugarcane plant through fermentation. Contributes to sweet taste without causing a spike in blood sugar, not to be confused with sugar.
- Citric Acid – Naturally occurring fruit acid produced through fermentation of carbohydrates.
- Natural Flavoring – FOS, Citric Acid
- Potassium Sorbate – Preservative used to extend food shelf life and prevent the growth of mold, yeast and fungi. Approved by the FDA, United Nations and Food and Agriculture Organization, and the European Food Safety Authority (EFSA), classified as Generally Regarded as Safe (G.R.A.S).

Allergen Info

HyFiber is free from MSG, peanuts, gluten, sugar dairy and lactose. HyFiber for Kids is not a laxative and does not contain PEG 3350 or glycosylate.

HyFiber does not use artificial additives for taste or color.

HyFiber is vegan (plant based).

HyFiber is free of major allergens. Please review the ingredients for specific allergen questions. In other parts of the manufacturing facility, Egg (Albumen powder) and Tree nuts (coconut oil, macadamia oil) may be found but are thoroughly controlled by a rigorous allergen program and GMPs.

Safety

Medtrition takes safety seriously. Our HyFiber products have been used for over 15 years and are trusted by hospitals, clinics and customers around the world. Over 30 million doses have been administered with zero adverse claims filed with the FDA. HyFiber is not a supplement or medicine.

HyFiber is a medical food and meets labeling and medical food requirements in over 35 countries (a similar classification such as a 'food for special medical purposes' or other term may be used depending on the country). Every single batch of HyFiber is tested at the manufacturing plant for heavy metals and can confirm it is in compliance with undetectable levels. In addition, Medtrition Quality Assurance routinely sends the product for testing to highly regarded independent 3rd party labs confirming a lack of heavy metals.

HyFiber is safe for children and long-term usage. Regular use of HyFiber does not cause dependency

Dosing Guidelines

Hyfiber is a fiber product not a laxative so action time may vary. The goal is to better meet fiber intake guidelines according to USDA recommendations so dosing may vary from child to child depending on dietary patterns.

We generally recommend starting with a ½ to 1 capful of HyFiber daily and titrate up or down according to product impact after a week of regular use. Results can vary depending on the child. Some children see immediate results while others need 2-3 weeks of regular use before the full benefit is determined. Some children who experience chronic constipation may find it beneficial to remain on HyFiber for extended periods.

Age Guidelines

The suggested age use for HyFiber for Kids is 1 to 18 years of age per bottle guidelines. The bottle label contains the Daily Fiber Guidelines for suggested fiber intake per the FDA. A child may need more or less than the daily recommended guidelines per HCP advice. HyFiber for Kids may be taken for adults but a higher dosage may be necessary.

HyFiber In Conjunction With Other Products

We recommend a titration period if a patient is starting Hyfiber for kids in conjunction with other bowel regulation products (such as laxatives). Starting Hyfiber and slowly weaning off other products until bowel movements are regular is the ideal recommendation. We encourage the HCP to work directly with the parent or caregiver to determine what makes the most sense for the child.

Increased Water Intake

A child does not need to increase water intake for HyFiber to work properly. However, as a general health recommendation, it is always important for a child to stay hydrated especially when a child is prone to constipation.

General Inquires

Please feel free to reach out to Medtrition for any questions - info@HyFiberforkids.com



P.O Box 5387
Lancaster, PA 17606 U.S.
877.271.3570
info@medtrition.com
www.medtrition.com